# KCAA Mental Health Counseling Team

Who, what, where and how to access

## Introductions, who we are

Shannon McKinney, School Psychologist (In person) Rm 223D

(720) 424-0150 (office) or (719) 445-9052 (google voice)

shannon mckinney@dpsk12.org

Link to my page for resources or to schedule an appointment:

https://sites.google.com/dpsk12.net/msmckinneyschoolpsychologist/home

#### **Introductions**

Elisabeth White, Social Worker- KCAA office 223C

720-424-0172 (office) 720-634-6560 (google number)

Elisabeth white@dpsk12.org

Link to my google site page for resources/calming strategies

https://sites.google.com/dpsk12.net/kcaasocialworker

### **Introductions**

Tami Koenig, Middle School Counselor

720-424-0153 room 223a

tami koenig@dpsk12.org

Link to my website that has resources, ICAP links, and check in tab for students to set an appointment.

https://sites.google.com/dpsk12.net/middle-school-counseling-/home

### **Introductions**

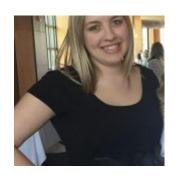
Theresa Wujcik, High School Counselor (In person) Rm 223B

Email: theresa\_wujcik@dpsk12.org

Link to my page to schedule an appointment:

https://sites.google.com/dpsk12.net/kcaa-high-school-counseling/home

## Meet our Interns this year



Joslyn Forbes KCAA Social Work Intern joslyn\_forbes@dpsk12.org



Jeremy Ernest KCAA School Psychology Intern Jeremy\_Ernest@dpsk12.org

#### What we do...

The mental health/counseling team are available to support students for a variety of reasons. Supports include individual and group counseling, support groups, and post secondary planning (college, career, etc). We can also support students to identify their academic and social/emotional needs and collaborate with teachers, parents, or outside resources.

Mental health/counseling professionals help to support individuals to understand the self and develop a positive self image, work collaboratively with teachers and staff, maintain effective relationships with peers and adults, and support classroom lessons that focus on social emotional needs and career readiness.

We can also support students with referrals outside of school. Resources may include food, clothing, medical, and long-term mental health resources.

#### How to access us...

Students can make an appointment either by calling/emailing/stopping by our offices, or you can fill out the form using the link below.

https://docs.google.com/forms/d/1PPfOiN1LcsYH5SlzzoMG 7 6inOrCTwq9K1sshO-g4A

## After school hours: mental health and safety access

Safe 2 tell is an anonymous hotline that allows students to report unsafe behaviors within their communities.



Or call: 1-877-542-7233

Colorado Crisis Services 24 hour hotline



## **Upcoming events and clubs**

#### **Spirit Week -December 7-11**

**Career Fair for 8th Grade-December 8** 

Monday –Hat Day

Tuesday - Character / Superhero Day

Wednesday-Show us your dragon day

Thursday – Crazy hair/Sports Day

Friday –Twin Day

1:30-2:30