

Middle School Lunch Menu

September 2024

For more information, please visit: foodservices.dpsk12.org



Food & Nutrition Services
Feeding healthy futures

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>No School</p>	<p>3</p> <p>Homemade Pepperoni Pizza Homemade Cheese Pizza (V) Honey Mustard Wings & Roll SW Chopped Chicken Salad SW Vegetarian Chopped Salad (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>4</p> <p>Country Chicken Bowl & Roll Chicken Parmesan Sandwich Broccoli & Cheese Baby Baker & Roll Turkey Chef Salad Vegetarian Chef Salad (V) Grilled Cheese Sandwich (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>	<p>5</p> <p>All Beef Hot Dog Chili Dog Black Jack Meat Pizza Black Jack Vegetarian Pizza (V) Chile Relleno Quiche & Roll (V) Buffalo Chicken Salad Vegetarian Chef Salad (V) Yogurt Basket-Zucchini Muffin (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>6</p> <p>Chicken Enchilada Bake Buffalo Chicken Wrap Cheese Quesadilla (V) Vegetarian Chopped Shaker Salad Yogurt Basket-Cinnamon Crisps (V) Spicy Grilled Cheese Sandwich (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>
<p>9</p> <p>Beef & Cheese Burrito Bean & Cheese Burrito (V) Crunchy Hawaiian Chicken Wrap Spicy Chicken Salad Vegetarian Chef Salad (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>	<p>10</p> <p>Homemade Pepperoni Pizza Homemade Cheese Pizza (V) Garlic Parmesan Hot Wings & Roll Chicken Caesar Salad Vegetarian Caesar Salad (V) Yogurt Basket-Cinnamon Crisps (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>11</p> <p>Hot Ham & Cheese Sandwich (P) Hot Cheese Sandwich (V) Italian Sub Sandwich Mediterranean Chopped Salad (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>	<p>12</p> <p>Cheeseburger Hamburger Green Chili Burger Black Bean Burger (V) Black Jack Meat Pizza Black Jack Vegetarian Pizza (V) Vegetarian Chopped Shaker Salad (V) Grilled Cheese Sandwich (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>13</p> <p>Orange Chicken & Stir Fried Rice Vegetarian Egg Stir Fried Rice (V) Mandarin Orange Crispy Chicken Salad Mandarin Orange Vegetarian Salad (V) Grilled Cheese Sandwich (V) Yogurt Basket-Zucchini Muffin (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>
<p>16</p> <p>Beef Taco(s) & Spanish Rice Corn & Black Bean Vegetarian Tacos (V) & Spanish Rice Mexican Flatbread SW Chopped Chicken Salad SW Chopped Vegetarian Salad (V) Yogurt Basket-Cinnamon Crisps (V) Grilled Cheese Sandwich (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>	<p>17</p> <p>Homemade Pepperoni Pizza Homemade Cheese Pizza (V) Spicy BBQ Wings & Roll Crispy Chicken Salad Vegetarian Chef Salad (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>18</p> <p>Mac & Cheese (V) Chili Mac Turkey Chef Salad Vegetarian Chef Salad (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>	<p>19</p> <p>Crispy Chicken Sandwich Spicy Chicken Sandwich Green Chili Cheese Fries (V) Black Jack Meat Pizza Black Jack Vegetarian Pizza (V) Black Bean Burger (V) Mediterranean Chopped Salad (V) Yogurt Basket-Zucchini Muffin (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>20</p> <p>Pulled Pork Sandwich (P) Cuban Sandwich Broccoli, Cheese Baby Potatoes (V) Spicy Chicken Salad Vegetarian Chef Salad (V) Grilled Cheese Sandwich (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>

<p>23 Beef Tamale Crunchy Hawaiian Chicken Wrap Cheese Quesadilla (V) Mexican Chopped Chicken Salad Mexican Chopped Vegetarian Salad (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>	<p>24 Homemade Pepperoni Pizza Homemade Cheese Pizza (V) Lemon Pepper Wings & Roll Hummus Bowl & Crisps (V) Vegetarian Chopped Salad (V) Yogurt Basket-Cinnamon Crisps (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>25 Penne & Meat Sauce Meatball Sub Sandwich Penne & Deeply Rooted Sauce (V) Chicken Caesar Salad Vegetarian Caesar Salad PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>	<p>26 Cheeseburger Hamburger Green Chili Burger Black Bean Burger (V) Black Jack Meat Pizza Black Jack Vegetarian Pizza (V) Mediterranean Chopped Salad (V) Yogurt Basket-Zucchini Muffin (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Ham Croissant Assorted Vegetables Assorted Fruit</p>	<p>27 No School</p>
<p>30 Beef & Cheese Walking Nachos Cheese Walking Nachos (V) Crispy Chicken Salad Vegetarian Chef Salad (V) PB&J Sandwich (V) 'Bonzo Butter & Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Assorted Vegetables Assorted Fruit</p>				

DPS Food & Nutrition Services provides scratch-made recipes for the majority of our items served. | V=Vegetarian Entree Option: P=Entree contains Pork

Milk options available with lunch include local white 1%, white non-fat and 1% chocolate. All bread options are whole grain rich

Please note, menus are subject to change without notice. This institution is an equal opportunity provider